



# DONEGAL ADVENTURE CENTRE COURSES 2013

## RLSS BEACH LIFEGUARD

### March course

Weekend 1 Fri 8th - Sun 10th

Weekend 2 Fri 15th - Sun 17th

### May course

Weekend 1 Fri 3rd - Sun 5th

Weekend 2 Fri 10th - Sun 12th

### April course Easter week

April 1 - 5th

### June course

Weekend 1 Friday 7th - Sun 9th

Weekend 2 Friday 14th - Sun 16th

## ISA LEVEL 1

Pre-assessment for course 1 March 8

Course 2 runs in April Contact us for details.

## CARDIAC FIRST RESPONDER

Monthly courses - contact for details

## MOUNTAIN LEADER ASSESSMENT

APRIL / MAY - CONTACT FOR DETAILS

## FÁS SURF INSTRUCTOR

22 Week course October 2013

Contact us for details



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